

手機使用行為、社會支持與人格特質對手機依賴的影響

應鳴雄, 宋蓉華

資訊管理學系

資訊學院

mhying@chu.edu.tw

摘要

The main purpose of this study is to investigate the relationship among behavior of using mobile phone, social support, personality traits and mobile phone addiction among senior high school students. The questionnaire survey was used in this study. The instruments employed in this study were " Behavior of Mobile Phone Questionnaire " , " The Social Support Scale " , " Personality Traits Scale " , " Mobile Phone Addiction Scale ". 400 questionnaires were sent out; 355 questionnaires were collected; 322 questionnaires were valid. The results showed that the female students, single-parent family, more time spent on the mobile phone, higher social support had a higher tendency of mobile phone addiction. Students with higher degrees of Extraversion, Agreeableness and Neuroticism were more likely to be addicted to mobile phone.

關鍵字：Mobile Phone Addiction, Social Support, Personality Traits, Behavior of Using Mobile Phone