

國小高年級學童自我概念與幸福感相關性之研究

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摘要

The objective of this thesis was to study the current state and the relationship between the self-concept and the sense of well-being of the 5th and 6th grade elementary school students. Distinct effects of various backgrounds, such as the gender, the grade of school, family structure, birth order, and parenting style, on the self-concept and the sense of well-being of the students were also studied. The research method was the questionnaire survey. The subjects were the 5th and 6th grade students in a public elementary school located in Taoyuan County. A total of 226 valid questionnaires were retrieved out of 230 questionnaires. The study tools included the 5th and 6th grade elementary school students' self-concept scale and the 5th and 6th grade elementary school students' well-being scale. The data were analyzed by applying descriptive statistics, an independent t-test, a one-way ANOVA, and Pearson product-moment correlation. The results were as follows: 1) Self-concepts and the sense of well-being of the students were overall positive. 2) Self-concepts of the students did not vary with the gender, family structures, and birth order. 3) The 5th and

6th grade school students exhibited different self-concepts; the former was higher than the latter. 4) The different self-concepts between two grade students were because they received different parenting style from each family; the students receiving the democratic education from parents possessed significantly higher self-concepts than those receiving the authoritative education from parents. 5) The sense of well-being of the 5th and 6th students did not vary with the gender, the grade of school, family structures and birth order. 6) The senses of well-being of both 5th and 6th grade students were different because they received different parenting style from each family. 7) There was a significant correlation between the self-concept and the well-being. These results would provide references and possible uses for the teachers, the parents of students, and researchers in the future studies.

關鍵字：The 5th and 6th grade of elementary school students, self-concept, the sense of well-being