

# 國中橄欖球代表隊教練管理行為之研究

林昌國, 廖欽福

體育室

人文社會學院

linkuo@chu.edu.tw

## 摘要

The purpose of this study was to better understand coaching management behavior. Participants consisted of students ranging from Primary School to junior middle school level rugby team members. The study subjects were the 231 athletes who participate in the 65th national Rugby player of the group of junior middle school. The tools of research were the questionnaires of "Measurement Scale for Coaches' Managing Behavior of Rugby Teams in junior middle school". factor analysis of the questionnaires resulted in the conclusions as follows: (1)first, athletes' cognition degree of coaches' managing behavior of rugby teams in junior middle school all reached upper medium level, and the athletes scored the highest average in factor " the stipulation goal of drill program ", " promote communicate with the interaction "consent intensity of aspect take second place, and the lowest average in " require self-discipline " (2)Second, comparing the different athletes' cognition degree of coaches' managing behavior of rugby teams in junior middle school, it was found that there was no significant variance ( $p < .05$ ) in year grade, league, game age, and weekly practice days.

關鍵字：Rugby, Player Junior middle school, Coaches' Managing Behavior