

各級學校橄欖球代表隊教練管理行為之研究

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摘要

The purpose of this study was to understand Coaches' Managing behavior of school rugby teams at all levels. The study subjects were the 698 athletes of rugby teams ranging from junior high school to university level. The tools of research were the questionnaires of "Measurement Scale for Coaches' Managing Behavior of School Rugby Teams at All Levels". Factor analysis of the questionnaires resulted in the conclusions as follows: (1) Athletes' cognition degree of coaches' managing behavior of rugby teams from junior high school to university all reached upper medium level, and the athletes scored the highest average in factor "require self-discipline", and the lowest average in "the stipulation goal of drill program". (2) Athletes' cognition degree of coaches' managing behavior of rugby teams from junior high school to university, except the different player's positions, the rest were significant differences ($p < .05$). (3) Comparing the different level athletes' cognition degree of coaches' managing behavior of rugby teams, it was found that the athletes of junior high school were much better than the ones of high school or of university in year grade, league, game age, and weekly practice days.

關鍵字：Rugby, Coaches' Managing Behavior